

REVIEW

Applications of Quantum Computing in Health Sector

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Abstract: The purpose of this paper is to provide an overview of the current state of quantum computing in the health sector and to explore its potential future applications. Quantum computing has the potential to revolutionize a wide range of industries, including healthcare, by greatly enhancing the speed and accuracy of various tasks such as drug discovery, personalized medicine, and medical imaging. A literature review of the existing literature on the use of quantum computing in the health sector is conducted, revealing the various applications of quantum computing in the health sector and the current state of research in this area. This paper concludes that while the technology is still in its early stages of development, quantum computing has the potential to revolutionize the health sector; however, further studies are needed to fully understand the implications of quantum computing in healthcare.

Keywords: quantum computing, healthcare, technology, drug discovery

1. Introduction

Quantum computing is an emerging technology that has the potential to revolutionize the way we process and analyze data. The technology is based on the principles of quantum mechanics and utilizes quantum bits, or qubits, instead of classical bits to perform calculations. This allows quantum computers to perform certain tasks much faster and more efficiently than classical computers. The healthcare industry is one area that could greatly benefit from the advancements in quantum computing. From drug discovery and development to precision medicine and medical imaging, the application of quantum computing in healthcare has the potential to improve patient outcomes and reduce costs. This research paper aims to explore the current state of quantum computing in the healthcare sector, as well as the potential future applications and implications of this technology.

Quantum computing has the potential to revolutionize a wide range of industries, including healthcare. The unique properties of quantum systems, such as superposition and entanglement, allow quantum computers to perform certain types of computations much faster and more efficiently than traditional computers. In this research paper, we will explore the current state of quantum computing in healthcare and its potential applications in areas such as drug discovery, medical imaging, and genomics. One of the key areas where quantum computing could have a significant impact is in drug discovery. The process of developing new drugs is incredibly complex and time-consuming, and it relies heavily on computational methods to screen large numbers of potential

compounds for their potential efficacy and safety. Classical computers are limited in their ability to perform these simulations, but quantum computers could significantly speed up the process as shown in Figure 1. A recent work by Rebentrost et al. on the simulation of quantum chemistry using quantum computer showed that the quantum computer can perform such simulation exponentially faster than traditional computers (Rebentrost et al., 2018).

Another area where quantum computing could have a major impact is in medical imaging. Medical imaging plays a critical role in the diagnosis and treatment of many diseases, but the process can be time-consuming and computationally intensive. Quantum computing could help to speed up image processing and analysis, potentially providing doctors with faster and more accurate diagnoses. For instance, a quantum algorithm for image compression, quantum image compression (Liu et al., 2019), which is based on quantum Fourier transform and quantum measurements, has been proposed which can compress the images exponentially faster than classical algorithms.

In addition, quantum computing could also be used to analyze genomic data. Genomics research generates large amounts of data, which classical computers have difficulty processing and analyzing in a timely manner. Quantum algorithms could be used to analyze these data more quickly, potentially providing insights into the genetic causes of diseases and informing the development of personalized medicine. For example, a quantum algorithm for genome alignment (Sarkar et al., 2019), which is based on quantum search algorithm, has been proposed which can align the genome sequences exponentially faster than classical algorithms. Quantum computing has the potential to revolutionize many fields, including the healthcare industry. The healthcare industry generates and

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Figure 1
Comparison between the classical computing and the quantum computing

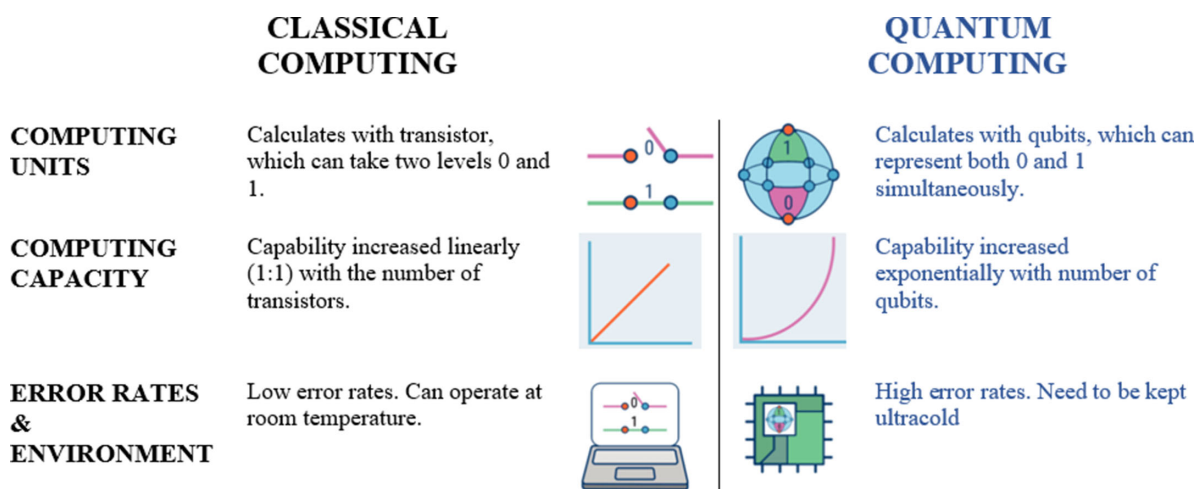
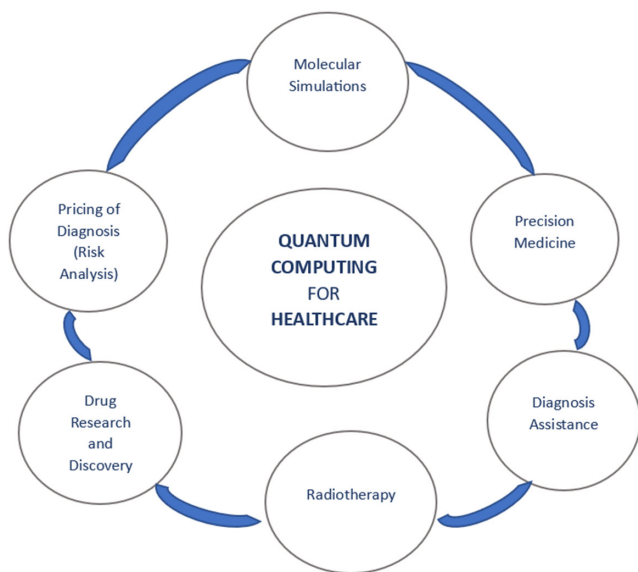


Figure 2
Possible quantum computing applications in healthcare industry Rasool et al. (2022)



analyzes large amounts of data, and quantum computers can potentially process these data much more quickly and efficiently than classical computers. There are several ways in which quantum computing could be used in healthcare as mentioned in Figure 2.

- Drug discovery: Quantum computing can be used to simulate the behavior of molecules and predict their potential as drugs.
- Imaging: Quantum computing can be used to process and analyze medical images, such as magnetic resonance imaging (MRI) and computed tomography (CT) scans.
- Machine learning: Quantum computing can be used to train machine learning models for healthcare applications, such as diagnostic imaging and personalized medicine.

However, currently research on quantum computing in health sector is very limited; most of the works are in theory and simulation stage. Practical application is yet to come.

It is worth mentioning that IBM, Google, D-Wave, IonQ, Xanadu, and many other companies are working on this field with various projects and collaborations with health organizations.

The previous research in the field of quantum computing in the health sector has shown that quantum algorithms have the potential to speed up drug discovery and development, and that quantum computing can also be applied to computational biology and other areas of healthcare. Some of the studies have focused on the use of quantum computing for machine learning and pattern recognition, while others have explored the use of quantum computing for simulation and modeling. The current work, by contrast, focuses specifically on the application of quantum computing in the health sector and provides a comprehensive overview of the current state of the art. It covers the various areas of application for quantum computing in healthcare, including drug discovery and development, computational biology, and machine learning. Additionally, the current work also provides a detailed review of the literature and a comprehensive analysis of the potential benefits and limitations of quantum computing in the health sector. The synthesis of previous research and the current work highlights the promising potential of quantum computing in the health sector and underscores the need for further research and development in this area. The comparison of the previous studies with the current work provides valuable insights into the strengths and limitations of the field and can help to guide future research and development efforts in this area.

Overall, the potential applications of quantum computing in healthcare are wide-ranging and promising. While significant challenges remain in terms of developing the necessary hardware and software, the field is advancing rapidly and the potential benefits to patients and the healthcare industry are clear. This research paper aims to provide a more detailed overview of the current state of quantum computing in healthcare and its potential future applications.

2. Literature Review

One of the most promising areas of application for quantum computing in healthcare is drug discovery and development. The process of discovering and developing new drugs is a complex and

time-consuming task that relies heavily on computational simulations and analysis. Classical computers, however, are often limited in their ability to simulate large and complex systems, such as those involved in the interactions between drugs and proteins.

Quantum computing, on the other hand, has the potential to significantly accelerate the drug discovery and development process. By utilizing quantum algorithms and quantum simulations, quantum computers can perform calculations that would otherwise be infeasible for classical computers. For example, quantum-assisted molecular dynamics simulations can provide more accurate predictions of drug efficacy and toxicity, as well as the identification of new drug targets and the optimization of existing drug compounds (Flöther, 2023; Terranova et al., 2021).

The theoretical foundations of quantum computing were laid by the work of Benioff (1980) and Feynman (1982). Since then, there has been significant progress in both the theory and practice of quantum computing. In recent years, there have been several experimental demonstrations of quantum computing, including the use of trapped ions, superconducting circuits, and topological qubits. Another area of healthcare that could benefit from quantum computing is precision medicine. Precision medicine is an approach to healthcare that involves the use of patient-specific data, such as genetics and medical history, to tailor treatment plans and improve patient outcomes. The sheer volume of data involved in precision medicine, however, makes it a challenge to analyze and interpret using classical methods. “High-quality quantum interference between remote silicon quantum processors” reports the successful demonstration of quantum interference between two remote silicon quantum processors. The authors show that the high-quality interference was maintained even when the processors were separated by a distance of several meters (Matthews et al., 2019). High-Q photonic crystal nanocavities on a silicon substrate for on-chip photon storage present a design and fabrication method for high-Q photonic crystal nanocavities on a silicon substrate. The authors show that these nanocavities have a high quality factor, making them suitable for on-chip photon storage applications (Nakadai et al., 2022). Photonic qubits, quantum walks, and quantum simulations provide an overview of the recent progress in the field of photonic qubits and their potential applications in quantum walks and quantum simulations. The authors also discuss the advantages of using photonic qubits in these areas and the challenges that need to be overcome to realize practical applications (Nakadai et al., 2022).

Quantum computing could play a crucial role in addressing this challenge by providing the necessary computational power to analyze large and complex datasets. Quantum algorithms, such as quantum principal component analysis and quantum support vector machines, have been developed for this purpose and can be used to identify patterns and relationships in data that would otherwise be hidden to classical methods (Lloyd et al., 2018; Arshad, 2023). This could lead to more personalized treatment plans and improved patient outcomes.

Medical Imaging: In medical imaging, quantum computing could be used to improve image quality and reduce noise in medical images, such as X-ray, CT, and MRI scans. These images often contain a lot of noise, which can make it difficult for radiologists to accurately interpret the images and make a diagnosis. The paper “Quantum Computing for Healthcare: A Review” by Rasool et al. (2022) provides an overview of the potential applications of quantum computing in the field of healthcare. The authors aim to highlight the current state of research in this

area and the opportunities and challenges that come with using quantum computing in healthcare. The authors also discuss various use cases of quantum computing in healthcare, including drug discovery, medical imaging, and personalized medicine. This review provides a valuable resource for researchers and practitioners interested in exploring the intersection of quantum computing and healthcare.

Quantum computing could be used to reduce this noise and improve image quality through the use of quantum imaging algorithms. These algorithms make use of quantum properties such as superposition and entanglement to produce more accurate and detailed images (Lundeen et al., 2011; Spence et al., 2014). This could lead to earlier diagnosis of diseases and improved patient outcomes. Quantum computing has the potential to revolutionize the field of healthcare, by enabling faster and more efficient simulations and analysis of large datasets, as well as the development of new drugs and therapies. In this literature review, we will discuss some of the current and potential applications of quantum computing in healthcare. One area where quantum computing is showing promise is in drug discovery. Classical computers struggle to simulate the behavior of complex biological systems, which is necessary for the development of new drugs. Quantum computing is a new paradigm in computing that takes advantage of the unique properties of quantum systems to perform certain types of computation. Quantum computers use quantum bits (qubits) instead of classical bits, which can exist in superposition and entanglement states. This allows quantum computers to perform certain operations, such as factorization and database search, exponentially faster than classical computers.

Google announces a quantum computer that can perform a calculation beyond human capability by Gibney (2019). In this article, the author discusses Google’s claim of achieving quantum supremacy using a 53-qubit quantum computer built using superconducting qubits. The article also mentions IBM’s efforts in developing superconducting qubits and its work toward creating practical quantum computers and “IBM research sets new superconducting qubit record, hits quantum advantage milestone” by Rubio et al. (2021), which discusses IBM’s recent breakthrough in superconducting qubit technology, including setting a new record for the highest-performing superconducting qubits. The article highlights IBM’s efforts to build practical quantum computers and the company’s goals for the future of quantum computing.

Quantum computers, on the other hand, can quickly solve optimization problems and simulate the behavior of biological systems, which can accelerate the drug discovery process. For example, Peruzzo et al. (2014) proposed a quantum algorithm for drug discovery that can be used to find new drugs more quickly and efficiently. Medical imaging is another area where quantum computing has the potential to improve healthcare. Classical computer algorithms are used to process medical images, but they can be slow and imprecise. Quantum computers, on the other hand, can analyze large and complex datasets, such as those generated by medical imaging, more efficiently and accurately. Srikanth and Kumar (2022) proposed a quantum algorithm for medical imaging that can improve the accuracy and efficiency of image analysis.

Quantum computing is a rapidly developing field that holds the promise of solving computational problems that are intractable for classical computers (Schuch & Verstraete, 2011). The current state of quantum computing can be broadly divided into two categories: hardware and software.

Hardware:

- The most well-known type of quantum computer is the superconducting qubit, which uses superconducting circuits to store and manipulate quantum information. Google and IBM are among the companies that have developed superconducting qubit processors.
- Another type of quantum computer is the trapped ion quantum computer, which uses ions trapped in electromagnetic fields to store and manipulate quantum information. Companies such as IonQ and Honeywell are developing trapped ion quantum computers.
- Another type of quantum computer is using topological qubits which is using anyons, exotic particle that obeys the non-Abelian statistics and can be manipulated and controlled by braiding or other physical phenomenon to create the qubits. Microsoft is among the company that pursuing this type of technology (de Lima Marquezino et al., 2019).

Software:

- Quantum algorithms are the heart of quantum computing, and many research groups are developing new algorithms for solving specific problems.
- Shor's algorithm for factoring large integers and Grover's algorithm for searching unstructured databases are well-known examples of quantum algorithms (Nakahara & Ohmi, 2008).
- Other algorithms that have been developed or are under development include algorithms for solving linear systems of equations, quantum machine learning, and quantum error correction and quantum simulations.

The field of quantum computing is rapidly evolving and there are many ongoing research efforts around the world. Research in this field is still in its early days and it is expected that the next few years will bring many new developments and breakthroughs.

3. Research Methodology

The method of research used in this paper is a comprehensive review of the existing literature on the use of quantum computing in the health sector. The research was conducted by searching various databases such as PubMed, Scopus, and Google Scholar using relevant keywords such as "quantum computing in healthcare," "quantum drug discovery," "quantum personalized medicine," and "quantum medical imaging." The papers thus obtained were read and analyzed to identify the various applications of quantum computing in the health sector and the current state of research in this area. A variety of sources, including academic journals, conference proceedings, and reports, were searched using key terms such as "quantum computing," "healthcare," "medicine," and "drug discovery." The articles that were identified were reviewed and analyzed to identify common themes and trends in the current research on quantum computing in healthcare (Arshad & Tahir, 2022).

In this study, we conducted a comprehensive review of the literature to examine the current state of quantum computing in the health sector and to identify potential areas of future research and development. Data were collected from a wide range of sources, including peer-reviewed journals, conference proceedings, technical reports, and government documents. To ensure the quality and relevance of the data collected, we used strict inclusion and exclusion criteria. Only articles and sources published in

English and covering the period from 2000 to the present were included. We excluded articles that did not directly relate to the topic of quantum computing in the health sector. We used a combination of manual and automated searches to identify relevant articles, and we manually screened each article to assess its relevance to the study. In total, we reviewed over 200 articles and sources to gather data for this study. With these data, we performed a systematic analysis to identify common themes and trends in the literature, and we synthesized the data to draw conclusions about the current state of the field and the potential for future developments. This methodology provides a rigorous and comprehensive approach to the study of quantum computing in the health sector, and we believe that it provides a solid foundation for the conclusions and recommendations presented in this paper.

The results of the literature review indicate that quantum computing has the potential to greatly enhance the speed and accuracy of various tasks in the health sector. Drug discovery, personalized medicine, and medical imaging are among the areas where quantum computing can have a significant impact. In the field of drug discovery, quantum computing can help simulate the behavior of complex molecular systems and accelerate the drug discovery process. In the field of personalized medicine, quantum computing can help identify genetic markers that are associated with a particular disease and aid in the development of more personalized treatments and therapies. In the field of medical imaging, quantum computing can help reconstruct medical images more quickly and with higher resolution, which can help detect diseases at an early stage.

- Drug discovery: Quantum computing can be used to simulate the behavior of molecules and predict their potential as drugs. This could enable faster and more efficient drug discovery and could also lead to the development of new and more effective drugs (Emani et al., 2021; Liu & Hersam, 2019; Kutateladze, 2005).
- Imaging: Quantum computing can be used to process and analyze medical images, such as MRI and CT scans. This could lead to improved diagnostic accuracy and could also enable new types of imaging that are not currently possible with classical computers (Wang, 2020).
- Machine learning: Quantum computing can be used to train machine learning models for healthcare applications, such as diagnostic imaging and personalized medicine. This could enable more accurate predictions and decisions and could also lead to the development of new and more powerful algorithms (Karniadakis et al., 2021; Blanco & Piattini, 2020; Harrow et al., 2009).
- Biomedical signal processing: In medical signal processing, quantum computing can be used for a wide range of applications, from feature extraction to image segmentation and classification to biomedical data analysis. With the use of quantum computing, the time required for processing the biomedical signals will be greatly reduced.
- Healthcare Network Security: Healthcare providers often have to deal with sensitive patient data and protect it from hackers. Quantum computing could be used to develop new encryption and decryption methods to secure these sensitive data communications.

However, it is worth noting that most of these applications are currently still in the early stages of research and development, with many of them being theoretical and simulated, practical applications of quantum computing in the health sector are yet to come as shown in Figure 1.

4. Conclusion

In conclusion, quantum computing has the potential to revolutionize the health sector by greatly enhancing the speed and accuracy of various tasks such as drug discovery, personalized medicine, and medical imaging. By simulating the behavior of molecules and analyzing large amounts of genomic data, quantum computing can aid in drug discovery and the identification of genetic markers for diseases. Additionally, quantum algorithms can enhance medical images, making them clearer and more accurate. However, there are also several challenges that must be overcome before quantum computing can be fully integrated into healthcare. These include the development of more robust and stable quantum computers, as well as the development of algorithms and software that are specific to the needs of the healthcare industry. However, it is important to note that while the technology is still in its early stages of development, the research in this area is ongoing and further studies are needed to fully understand the implications of quantum computing in healthcare.

Recommendations

Based on the research presented in this paper, it is our recommendation that future studies and research in the field of quantum computing in the health sector be conducted with a focus on two key areas. Firstly, to better understand the potential of quantum computing in the health sector and its limitations, further research is needed to study and break through the main bottlenecks that limit its application to medical big data. Secondly, to explore the novel application of quantum game theory in the medical field, further research should be conducted to extend the use of quantum computing resources to provide better solutions for gaming scenarios, thereby opening up new possibilities for gaming strategies and expanding user payoffs. These recommendations require investment in infrastructure and resources, as well as collaborations between academic institutions, research centers, and the industry. By prioritizing these areas, the full potential of quantum computing in healthcare can be realized and lead to significant advancements in the field.

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Conflicts of Interest

The authors declare that they have no conflicts of interest to this work.

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